

# Yuma County Employee Benefit Trust PPO 500

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 07/01/2014-06/30/2015

Coverage for: Individual & Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.azblue.com](http://www.azblue.com) or by calling 1-877-475-8445.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	In-network: <b>\$500</b> /member and <b>\$1,500</b> /family Out-of-network: <b>\$1,000</b> /member and <b>\$3,000</b> /family	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Your <u>deductible</u> is based on a plan year that starts over each July 1 <sup>st</sup> . See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> . Unless a copay, fee or different percentage is shown, the coinsurance percentage of the <u>allowed amount</u> that you will pay for most services, after meeting any applicable <u>deductible</u> , is 20% in-network and 40% out of network. Copays, medications, access fees, balance bills, excluded services and precertification charges don't count toward <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. In-network: <b>\$4,500</b> /member and <b>\$9,000</b> /family Out-of-network: <b>\$8,500</b> /member and <b>\$17,000</b> /family	The <u>out-of-pocket limit</u> is the most you could pay during a plan year for your share of the cost of covered services. This limit helps you plan for health care expenses. If you have funds in an HRA or FSA, you may be able to use those funds to cover your out-of-pocket expense.
What is not included in the out-of-pocket limit?	Premiums, precertification charges, balance bills, and costs for health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit. You must keep paying them even if you reach your out-of-pocket limit.
Does this plan use a network of providers?	Yes. See <a href="http://www.azblue.com">www.azblue.com</a> or call 1-877-475-8445 for a list of in-network providers.	If you use an in-network doctor or other health care provider, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. See the chart starting on page 2 for how this plan pays different kinds of providers.
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a <u>specialist</u> .	You can see the <u>specialist</u> you choose without permission from this plan.

**Questions:** Call 1-877-475-8445 or visit us at [www.azblue.com](http://www.azblue.com).

If you aren't clear about any of the underlined terms used in this form, see the Glossary.

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Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 6. See your benefit book for more information about <b>excluded services</b> .
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- **Copays** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan encourages you to use **in-network providers** by charging you a lower cost-share their services. A noncontracted provider can charge full billed charges, and the plan will reimburse you based only on the plan **allowed amount**, minus your cost share.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 copay per member/provider/day	40% coinsurance & balance bill	Specialist copay applies to most chiropractic services. Plan doesn't cover acupuncture & services by naturopaths & homeopaths.
	Specialist visit	\$30 copay per member/provider/day		
	Other practitioner office visit	20% coinsurance		
	Preventive care/screening/immunization	No charge	Most services not covered out of network. If covered, 40% coinsurance & balance bill	Provider's diagnosis and procedure codes determine whether service is preventive. Only mammography (deductible waived) is covered out of network.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	40% coinsurance & balance bill	Cost share waived if lab is only service received during physician office visit and at contracted, freestanding, independent clinical labs. In-network cost share varies based on place of service and type of provider(s). Professional services by a radiologist, pathologist, and dermapathologist always subject to deductible and coinsurance.
	Imaging (CT/PET scans, MRIs)			

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
<b>If you need drugs to treat your illness or condition</b>  More information about <b>prescription drug coverage</b> is available at <a href="http://www.express-scripts.com">www.express-scripts.com</a> or 1-800-711-0917	Generic	30 day retail: \$5 copay 90 day retail: \$15 copay 90 day mail order: \$10 copay		Some limitations may apply to specialty medications.
	Preferred brand drugs	20% coinsurance  30 day retail/\$45 max 90 day retail/\$135 max 90 day mail order/\$90 max		
	Non-preferred brand drugs	20% coinsurance  30 day retail/\$80 max 90 day retail/\$240 max 90 day mail order/\$160 max		
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance & balance bill	None
	Physician/surgeon fees			
<b>If you need immediate medical attention</b>	Emergency room services	\$125 access fee per member/facility/day, then 20% coinsurance		Access fee is waived if you are admitted to the hospital.
	Emergency medical transportation	20% coinsurance		None
	Urgent care	\$30 copay per member/provider/day	40% coinsurance & balance bill	Copay applies only to facilities specifically contracted for urgent care.
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance & balance bill	Precertification required for facility admission. \$500 charge if not obtained for out-of-network admission.
	Physician/surgeon fee			
	Long-term acute care	20% coinsurance except 50% coinsurance after 365 days	40% coinsurance except 50% coinsurance after 365 days. Balance bill applies to all services.	Precertification required. Services not covered without precertification.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	Office visit copay	40% coinsurance & balance bill	Limit of 20 visits/member/plan year.
	Mental/Behavioral health inpatient services	20% coinsurance	40% coinsurance & balance bill	Precertification required for non-emergency admissions; \$500 charge if not obtained for out-of-network admission. Limited to 30 days/member/plan year.
	Substance use disorder outpatient services	Office visit copay	40% coinsurance & balance bill	Limit of 20 visits/member/plan year.
	Substance use disorder inpatient services	20% coinsurance	40% coinsurance & balance bill	Precertification required for non-emergency admissions; \$500 charge if not obtained for out-of-network admission. Limited to 30 days/member/plan year.
If you are pregnant	Prenatal and postnatal care	Physician: Office visit copay or 20% coinsurance Hospital: 20% coinsurance	40% coinsurance & balance bill	In-network: Other than initial copay, cost-sharing is waived on physician's global delivery fee, but applies to all other covered services.
	Delivery and all inpatient services			
If you need help recovering or have other special health needs	Home health care/Home infusion therapy	20% coinsurance	40% coinsurance & balance bill	Limit of 60 home health visits/member/plan year. Custodial care excluded. Certain drugs not covered without precertification.
	Rehabilitation services EAR = Extended Active Rehabilitation Facility PT/OT/ST = Physical therapy, occupational therapy, speech therapy	20% coinsurance	40% coinsurance & balance bill	Precertification required for inpatient stay in EAR facility or services won't be covered. Benefit limit of 60 days/member/plan year for EAR inpatient stay.  Plan doesn't cover group physical and occupational therapy.
	Habilitation services	Not covered		Excluded
	Skilled nursing care In skilled nursing facility (SNF)	20% coinsurance	Not covered	No coverage without precertification. Benefit limit of 90 days/member/plan year. Private duty nursing not covered.
	Durable medical equipment	20% coinsurance	40% coinsurance & balance bill	No coverage for rental or repair charges that exceed purchase price or for deluxe models that aren't medically necessary.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If your child needs dental or eye care	Hospice service	20% coinsurance	40% coinsurance & balance bill	None
	Eye exam	Not covered		Coverage may be available under a separate vision policy. Screening for members under age 5 covered under "Preventive care / screening / immunization."
	Glasses	Not covered		Excluded
	Dental check-up	Not covered		Excluded

## Excluded Services & Other Covered Services:

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your benefit book for other excluded services.)

- Acupuncture
- Autism spectrum disorders (ASD) – services related to treatment of ASD except as stated in the benefit plan
- Care that is not medically necessary
- Cosmetic surgery
- Dental care except dental accidents
- Experimental and investigational treatments
- Eye wear except after cataract surgery
- Habilitation care
- Home health care over 60 visits per plan year
- Infertility treatment
- Inpatient extended active rehabilitation treatment over 60 days per plan year
- Inpatient Mental/Behavioral health over 30 days per plan year
- Long-term care (except long-term acute care)
- Massage therapy other than allowed under medical coverage guidelines
- Out-of-network prescriptions, including specialty injectable medications
- Out-of-network preventive care except mammography
- Outpatient Mental/Behavioral health over 20 visits per plan year
- Private-duty nursing
- Routine eye care for members over age 5
- Routine foot care
- Services from naturopathic and homeopathic physicians
- Sexual dysfunction
- Skilled nursing facility treatment over 90 days per plan year
- Weight loss programs

### Other Covered Services (This isn't a complete list. Check your benefit book for other covered services and your costs for these services.)

- Bariatric surgery
- Hearing aids
- Non-emergency care when travelling outside the U.S.
- Chiropractic services

## Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-877-475-8445. You may also contact your state insurance department at (602) 364-2499 or (800) 325-2548, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: 1-877-475-8445.

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” This plan or policy does provide minimum essential coverage.

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 602-864-4884.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 602-864-4884.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 602-864-4884.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 602-864-4884.

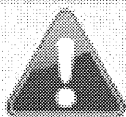
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*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*

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## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



### This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,920
- Patient pays \$1,620

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$500
Copays	\$40
Coinsurance	\$930
Limits or exclusions	\$150
<b>Total</b>	<b>\$1,620</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$4,580
- Patient pays \$820

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$140
Copays	\$600
Coinsurance	\$0
Limits or exclusions	\$80
<b>Total</b>	<b>\$820</b>

This example shows the cost share for a policy covering only one person. If the policy covers a spouse and/or children, a member's cost share may be less than the amount shown if other members contribute to or satisfy the family deductible before the Plan receives claims for that one member.

## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The Patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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